If you need help outside of our office hours please contact the 24hr helplines below:

C.A.L.L. Mental Health Helpline for Wales:
0800 132 737
or
Text help to 81066

Samaritans: 116 123

Newport Mind is a registered charity – No. 1036964

Tel: 01633 258741
Email: Enquiries@newportmind.org
www.newportmind.org

Contacting Newport Mind

How to get in touch with us whilst the building is closed

mind
for better mental health
o blaid gwell iechyd meddwl

Newport
Casnewydd

Getting in touch

Numbers will be manned:
Monday - Friday 10am - 4pm.
If this is your first contact with us please ring/email Enquiries in the first instance.

Enquiries / Reception:

Tel: 01633 258 741

Email: Enquiries@newportmind.org

Wellbeing Team
07866 002195
Hilary Sloan

Counselling
07917 143339
Hyunho Khang for initial discussion/assessment
(Mondays, Wednesdays & Fridays only)

Children & Young People's Team
07966 289238
Abbey Rowe

Housing & Tenancy
07764 760610
Kerrie Legge (Until Tues 31st March)
07966 289247
Hazel Diamond (From Weds 1st April)

EEA Migrants Housing Related Support
07968 622448
Klara Eldib

Finance
07966 137563
Claire Diamond
(Between 10am - 12pm & 2pm - 4pm)

Strategic and Organisational
07787 295468
Dave Bland